

SCHOOL NUTRITION & PARTY POLICY

According to BOE policy 8505, **the following items may not be served, sold, or given out as free promotion anywhere on school property at any time during the school day:** (school day is defined as starting from midnight to thirty minutes after the end of the school day.

1. Foods of minimal nutritional value (FMNV) as defined by U.S. Department of Agriculture regulations (ie. Soda water, water ices, chewing gum, hard candy, jellies and gums, marshmallow candies, fondants, licorice, spun candy, and candy coated popcorn);
2. All food and beverage items listing sugar, in any form, as the first ingredient; and
3. All forms of candy.

All snack and beverage items sold or served anywhere on school property during the school day, including items sold in a la carte lines, vending machines, snack bars, school stores, and fundraisers, or served in the reimbursable After School Snack Program, shall meet the following standards:

1. Based on manufacturer's nutritional data or nutrient facts labels:
 - a. No more than eight grams of total fat per serving, with the exception of nuts and seeds.
 - b. No more than two grams of saturated fat per serving.
2. All beverages shall not exceed 12 ounces, with the following exceptions:
 - a. Water.
 - b. Milk containing 2% or less fat.
3. Whole milk shall not exceed 8 ounces. In elementary schools, 100% of all beverages offered shall be milk, water, or 100% fruit or vegetable juices. In middle and high schools, at least 60% of all beverages offered, other than milk and water, shall be 100% fruit or vegetable juices. No more than 40% of all ice cream/frozen desserts shall be allowed to exceed the standards in this Policy for sugar, fat, and saturated fat.

Food and beverages served during special school celebrations or during curriculum related activities shall be exempt from this Policy, with the exception of foods of minimal nutritional value as defined by USDA regulations.

Although food and beverages served during special school celebrations or during curriculum related activities are exempt from this Policy,

- (1) there must be an equal balance of food/beverage offerings that meet/do not meet the Policy,
- (2) celebration menus/curriculum related offerings must be reviewed for medical/dietary restrictions and
- (3) a minimum of 2 day notice must be given to parents and students.

Parents/students must also give a minimum of 2 day notice if they wish to send in/bring in a treat (ie. Birthday) to school. There are no exceptions. The treat must adhere to policy 8505.

Due to the high incidence of of peanut and tree nut allergies, please do not send any items with peanuts, tree nuts, peanut butter, or peanut oil for class parties or birthdays. Please ask your child's teacher, the school nurse or administration if there are any questions.

This Policy does not apply to: medically authorized special needs diets pursuant to 7 CFR Part 210; school nurses using FMNVs during the course of providing health care to individual pupils; or special needs pupils whose Individualized Education Plan (IEP) indicates their use for behavior modification.